



LAKESIDE JUNIOR HIGH SCHOOL

Girls Flag Football

To Prospective Lakeside Jr. High School Flag Football Players and Their Parents:

Welcome to interscholastic athletics at Lakeside Jr. High School. This is just a note to briefly answer some questions you may have pertaining to the 2023 Flag Football season. I am Don Davis, Head Flag Football coach at Lakeside Jr. High School.

Before the season gets underway, the coaching staff asks that interested prospects attend a short meeting in which we will discuss athletic code of conduct, eligibility, conditioning, and tryout information. The meeting will take place on **Friday, August 11th at 9:15 AM in the GYM.**

Sign-ups

Begin during *Orientation* and continue through the first week of school (*Sign-ups are located in the Gym*).

Needs:

Before a player can try out, they will **need a current physical, a 2.0 GPA, Student Liability form, concussion form** and they need to come dressed in athletic attire and prepared to play. All paperwork can be found on the Lakeside Website. ***You must register on athleticclearance.com and submit tryout packets prior to tryouts.***

Tryouts:

Will begin at 4:00 PM on Tuesday, August 15th. We will meet on the Softball field

Thank you,

Coach Davis
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